



Notice of Annual Meeting of Members

The Annual Meeting of the Members of the Southern Consumers Alliance will be held at 16125 Chesterfield Parkway W, Chesterfield, MO 63017, on Monday, October 14, 2024 at 5:00 p.m. (CST) for election of Directors and for the transaction of such other business as may properly come before the meeting and any adjournment thereof. The above notice is given pursuant to the By-Laws of the Association.

Southern Consumers Alliance Oct. 14, 2024 Annual Meeting of Members. This proxy is solicited on behalf of Southern Consumers Alliance.

[Please Click Here to Print the Proxy Form for Mailing](#)

Member Benefit Highlights



Now, visiting the doctor is easier than ever before. Avoid the waiting room and inconvenience of going to the doctor's office. Visit a doctor by phone, secure video or MDLIVE App. Doctors are available 24/7, and family members are also eligible.*

- Pay \$0 out of pocket for medical consultations.
- Three **free** Talk Therapy consultations per person, per calendar year and then \$90 per hour.
- Dermatology consultations are \$59 per video consult.

2,180 visits in June 2024	1,276 activations in June 2024
15,514 visits by 10,672 patients in YTD 2024	125,034 activations since inception

Activate Now!
Log into southernconsumers.org for more information!

*Utilization rates reported in the MCR is intended for directional insight; these numbers are not contract specific and do not count utilization the same way in all reports, see definitions for calculation detail. If your organization has a utilization calculation in your agreement, please contact your account manager to discuss.



From saving for your first car to retirement, 3Nickels is here to help.

The Financial Advisor in Your Pocket®

3Nickels is a pioneering personal finance app that offers a holistic approach to managing your finances. It's not just about budgeting or investing but a complete suite of tools designed to help you achieve financial freedom for whatever goals you may have.

Take advantage of our free, easy-to-use DIY tools and calculators. Get answers to your basic financial questions at no cost to you. Save your data while you work through your options.

Log into southernconsumers.org for more information!



A healthier you starts with better oral care!

Members can take advantage of exclusive pricing on premium oral care products for a healthier, more confident smile.

 Z Sonic Pulse 65% Off	 Z Dental Featherweight 59% Off	 Z Sonic Mini 22% Off
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Log into southernconsumers.org for more information!



Try our easy electronic scholarship application process!

[Learn More](#)

Articles of Interest

Common Financial Mistakes Made by Small Business Owners



Starting a small business comes with many challenges, many of which are due to a lack of experience, unfortunate circumstances and operating on a shoestring budget. The hard lessons every entrepreneur learns early on are nearly impossible to avoid.

[Learn More](#)

How Journaling Can Help Achieve Work-Life Balance

Journaling is a valuable exercise in promoting mental wellbeing, organization and reflection on different aspects of life. This is especially beneficial when striving to achieve work-life balance.



[Learn More](#)

Sponsorships

SCA believes strongly in cultivating a culture of cooperation with the community. To that end, the Executive Board of SCA seeks out good people who work to make a difference in the lives of those in need. We proudly sponsor numerous organizations and applaud them for their tireless dedication.

Sponsorship Partner:



For information regarding your membership and association services, call or write:

Membership Services Office
Southern Consumers Alliance

12444 Powerscourt Drive,
Suite 500A, St. Louis, MO 63131
1.800.992.8044 or 636.530.7200



Southern Consumers Alliance



Articles in this newsletter are meant to be informative, enlightening and helpful to you. While all information contained herein is meant to be completely factual, it is always subject to change. Articles are not intended to provide medical advice, diagnosis or treatment. Consult your doctor before starting any exercise program.

Benefits may not be available in all membership levels. For more information, or to upgrade your membership, please call 1.800.992.8044.